



St Ursula's Catholic Primary School Subject Action Plan 2020 / 2021

Subject Area: PE

Written by: Mr P Fielder

Date Completed: Summer Term 2020 To be reviewed: Spring Term 2021

Areas for improvement to achieve vision: <i>What are you trying to achieve?</i>		Actions needed to achieve the vision: <i>How is your curriculum being delivered?</i>	When will I have completed these by:	How am I going to check the quality and impact?	Expected outcome /what will you see? <i>What difference is your curriculum making?</i>
1	To increase pupil participation in after school sport clubs.	Have workshops/ assemblies held by specialist coaches from a range of different sports, advertising their sports club to the children.	Spring 2020	Questionnaire for the children to identify what sport clubs they would like to participate in. Observe and record the attendance for each after school club every fortnight.	Go back to celebrating sporting achievements both from and outside school. Children to write reports on their matches and read aloud in assembly.
		Friendly games/tournaments: Organise more friendly games throughout the year with local schools. Celebrate the achievements of the teams during school assemblies. Have a child stand up and read a report of the game.	Spring 2020	Competition reviewed at termly Sport cluster meetings. Have discussions with the Games Crew to check the children feel their sporting achievements are being recognised.	Possibly create yoga and fitness clubs rather than focusing on a particular sport.
		Assess the costs of the school sport clubs. Identify if there are ways to make the sessions more affordable. E.g. subsidies, higher attendance the lower the cost.	Spring 2020	<u>Surveys with the parents to check</u>	
2	For the whole school to raise awareness of the benefits physical exercise has on academic work.	The daily mile- Every class to spend 20 minutes of the day completing the daily mile. Children can walk, run, jog, skip the mile and teachers are to participate alongside their children.	Spring 2020	Discuss with teachers the impact the daily mile has had on the children/class. Offer awards to the class which complete the most miles on a half termly basis.	Training sessions and CPDs were implemented to improve the teaching and involvement of staff in lessons. Training on how to play a differentiated PE lesson. (Year 6 and 1)
		Staff to participate in sporting events together. E.g. create a running club, take part in local tough mudder competitions, have specialist coaches come in and lead a class.	Spring 2020	Discuss with the teachers in training what	A group of teachers have expressed interest in



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		Staff training: Teachers will participate in a CPD session led by either the PE lead or an external coach specialist. Introduce 5-10 minutes of theory in PE lessons, with a focus on how the sport/activities they're doing affects their body and how this will impact them in the long term.	Spring 2020	Lesson observations	competing in a tough mudder together. (Possibly use it as a fundraiser to subsidise after school clubs)
3	The whole school to renew the 'Healthy living' initiative.	Healthy Living week - Building on an established 'health week' to promote active, healthy lifestyles	Spring 2020	Class assemblies and healthy living workshops	An after school cooking club will begin and will take place every fortnight. Children will learn how to cook healthy meals and how to prepare a kitchen.
		To develop a more diverse and visible healthy food bar alongside the kitchen at lunchtime.	Spring 2020	Survey with the children on how their view of the healthy bar before and after the change.	
		School food policy – PE lead will review the school food policy ensuring that the profile of healthy eating is raised within the school and its community.	Ongoing	Termly JDP review by PF	New target for 2021, Healthy Schools award.

Vision:

St. Ursula's Catholic Federation desires to inspire children to live a healthy lifestyle by broadening their view on Physical Education. Independence and responsibility over one's self are characteristics all children need to achieve, and our Physical Education Curriculum is designed to aid them in this development. Through offering a range of experiences, from mindfulness sessions to cooking clubs and sporting activities, we strive to create an inclusive environment and bring to light the ongoing impact Physical Education will have on the children's moral, cultural and mental development.