



# St Ursula's Catholic Primary School

## Physical Education Curriculum Map 2020-21

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Nursery</b>	<u>Games</u>	<u>Dance</u>	<u>Gymnastics</u>	<u>Games</u>	<u>Dance</u>	<u>Throwing, Jumping and Running</u>
<b>Reception</b>	<u>Dance</u> Mirroring	<u>Gymnastics</u> Movement	<u>Attacking and Defending</u> Benchball	<u>Net and Wall</u> Tennis (basic)	<u>Throwing and Catching</u> Bean Bag toss	<u>Throwing and Jumping</u> Egg and spoon Sack race
<b>Year 1</b>	<u>Dance</u> Mirroring	<u>Gymnastics</u> Movement	<u>Attacking and Defending</u> Benchball and basketball	<u>Net and Wall</u> Tennis (basic)	<u>Throwing and Catching</u> Rounders	<u>Throwing and Jumping</u> Athletics
<b>Year 2</b>	<u>Invasion Games</u> Hockey/Rugby	<u>Dance</u> Movement	<u>Gymnastics</u>	<u>Gymnastics</u>	<u>Throwing and Catching</u> Rounders	<u>Throwing and Jumping</u> Athletics
<b>Year 3</b>	<u>Invasion Games</u> Rugby/Hockey/ Football	<u>Gymnastics and dance</u> Movement and Street dance	<u>Net and Wall</u> Tennis	<u>Net and Wall</u> Bench ball	<u>Striking and Fielding</u> Rounders  <u>Swimming and water safety</u>	<u>Athletics</u> Throwing/jumping/ running  <u>Swimming and water safety</u>

Year 4	<u>Invasion Games</u> Rugby/Hockey/ Football	<u>Gymnastics and dance</u> Movement and street dance  <u>Swimming and water safety</u>	<u>Net and Wall</u> Tennis  <u>Swimming and water safety</u>	<u>Net and Wall</u> Netball	<u>Striking and Fielding</u> Rounders	<u>Athletics</u> Throwing/jumping/ running
Year 5	<u>Invasion Games</u> Rugby/Hockey/ Football	<u>Gymnastics and dance</u> Choreography	<u>Net and Wall</u> Badminton	<u>Net and Wall</u> Basketball/handball	<u>Striking and Fielding</u> Cricket	<u>Athletics</u> Throwing/jumping/ running
Year 6	<u>Invasion Games</u> Rugby/Hockey/ Football	<u>Gymnastics and dance</u> Choreography	<u>Net and Wall</u> Badminton	<u>Net and Wall</u> Basketball/handball	<u>Striking and Fielding</u> Cricket	<u>Athletics</u> Throwing/jumping/ running